



KICK START CAMP COACHES

Dates	Friday, December 6, 2019 Saturday, December 7, 2019
Location	Mt St Louis Moonstone – Main Chalet
Check In	2 nd Floor in Josl's Den
Coach Schedule Friday Dec 6	<p>8:30am Check-In Opens 9:00-11:30am On-Snow *Meet Outside Main Lodge – Hill Side 9:40am Group Photo by Sporting Life Tent 11:30-12:30pm Lunch 12:30-2:30pm On-Snow 2:45-3:30pm De-brief Focus:</p> <ul style="list-style-type: none"> • 5 basic skills and how to teach them • Structure and sequence of a lesson • Observe and detect athletes skiing • Practise demoing • Choosing terrain and environments for success
Coach Schedule Saturday Dec 7	<p>8:30am Check-In Opens 9:00-11:30am On-Snow *Meet Outside Main Lodge – Hill Side 11:30-12:30pm Lunch 12:30-2:30pm On-Snow 2:30pm Group Photo by Sporting Life Tent 2:45-3:30pm De-brief Focus:</p> <ul style="list-style-type: none"> • Skills environment setting and maintaining • Improving skill outside of environment

Coaches - please pass on athlete information to all parents/athletes. Athlete groups will be assigned Friday morning.

